



APAGBI Mentorship Scheme

Guidance for Trainees

This is your opportunity to have your own paediatric anaesthesia mentor thanks to the [APAGBI mentor scheme](#). Previous trainees have used the scheme for:

- Careers in paediatric anaesthesia: CV, jobs, applications, interviews, and job plans
- Fellowships in paediatric anaesthesia
- Exam help
- Audits / projects
- Clinical cases
- Anything else you feel is relevant!

We will allocate mentors and mentees based on stated preferences which are usually geographical or related to sub-speciality interest such as paediatric cardiac anaesthesia.

We will send an introduction email to each pair containing each other's contact details. Your mentor may choose to be in touch via email, text, telephone, or videoconferencing software.

In most cases, the mentee contacts the mentor first. There is no specific requirement on how often you make contact with your mentor.

You have freedom of choice when it comes to topics for discussion. For example, as a trainee myself, I have used the scheme for both CV and fellowship help. As I enter the final stage of training, I would be looking for more help/ideas for projects as well as for potential future consultant interviews.

This is a fantastic opportunity and I highly recommend taking part. It is included with your membership. When signing up, please have your membership number ready!

Please get in touch with us (trainees@apagbi.org.uk) if you have any questions or feedback.

Best wishes,

Dr Shivan Kanani and Dr Catherine Riley, APAGBI council members, July 2024