



APAGBI Mentorship Scheme

Guidance for Consultant Mentors

Thank you for agreeing to be a mentor for the [APAGBI mentor scheme](#). This could be for either:

- an anaesthetist in training who is interested in paediatric anaesthesia
- a newly appointed consultant in paediatric anaesthesia
- an anaesthetist based in a district general hospital who would like a contact in tertiary care

You will have had the opportunity to state your preference when you volunteered but please get in touch with us if not (trainees@apagbi.org.uk).

The time commitment is estimated at 15 minutes per month per mentee. You are not expected to act as an educational supervisor or formal mentor but to be a point of contact for anaesthetists at different stages in their career who want advice or guidance about paediatric anaesthesia.

The scheme has been running since 2023 and feedback shows that topics which mentees have chosen to discuss include:

- Careers in paediatric anaesthesia: CV, jobs, applications, interviews, and job plans
- Fellowships in paediatric anaesthesia
- Exam help
- Audits / projects
- Clinical cases

We will allocate mentors and mentees based on stated preferences which are usually geographical or related to sub-speciality interest such as paediatric cardiac anaesthesia.

We will send an introduction email to each pair containing each other's contact details. You may choose to be in touch via email, text, telephone, or videoconferencing software.

In most cases, the mentee contacts the mentor first but this is not mandated.

The topics for discussion should be chosen by the mentee.

Formal mentor training is not required but resources are available if you wish to explore mentoring further:

- The Association of Anaesthetists Mentoring Scheme: <https://anaesthetists.org/Home/Wellbeing-support/Mentoring/The-Association-mentoring-scheme>
- RCoA podcast: <https://www.rcoa.ac.uk/events-professional-development/education-professional-development/podcasts/interview-mentoring>
- E-learning for health mentoring module: <https://www.e-lfh.org.uk/programmes/medical-mentoring/>

Thank you again for volunteering your time and expertise for this valuable project.

Please get in touch with us (trainees@apagbi.org.uk) if you have any questions or feedback.

Best wishes,

Dr Shivan Kanani and Dr Catherine Riley, APAGBI council members, June 2024