

The Newsletter of the APA

T-Piece

No. 8 October 2013



APA

Association of Paediatric
Anaesthetists of Great Britain
& Ireland



A photograph of Past Presidents from the recent History of Anaesthesia Lectures.

Contents include;
Presidents report
Election Notices
Upcoming meetings
Trainees report

PRESIDENTS REPORT

Dr Robert Bingham President, APA

The summer period is always quiet as the holiday season is underway but after the schools have gone back, the conferences and meetings begin again.

Members who went to the ESPA meeting in Geneva said that it was very enjoyable – almost as good as our own Annual Scientific Meeting in Cambridge! I attended the associated ACORNS (Advisory Committee of Representative of National Societies) meeting, which discussed some interesting European initiatives. The APRICOT study is an observational study which is intending to persuade as many participating institutions as possible across 30 European countries to collect data on paediatric anaesthesia with the aim of recruiting at least 23 000 children over a period of two consecutive weeks (including weekends and after-hours). The 2-weeks recruitment period will be chosen by each site, but will be between 1st April 2014 and 31st December 2014. More information will be available soon. There was also discussion about the development of an Europe-wide curriculum for paediatric anaesthesia and even the possibility of a European Fellowship exam in the specialty. Closer to home, the RCPCH is currently undergoing a consultation exercise into the possibility of opening up its membership to all health professionals involved in child health. The intention would be to have a 'wing' of the College

devoted to paediatrician training and professional development (as now) but to also have a separate 'wing' for the broader aspect of child health.



Even closer, the RCoA is proceeding with its programme of Departmental Accreditation and although this has started with general departmental accreditation, specialist departments will not be far behind. The APA has been involved with this at an early stage as our peer review process is held to be a good model for departmental review. We are currently advising the College and we hope to help influence the process to make it as positive and supportive as possible for our members.

Kathy Wilkinson is now Chair of Professional Standards, so this aspect of the Council's business is in safe hands. She is overseeing the process mentioned above as well as being involved in the RCPCH's deliberations. The codeine saga continues and Andy Wolf is continuing to co-ordinate our response to the likely demise of this drug. We

will be issuing a further update to the June 1013 statement on our web-site any moment now and we will also be developing information on the possible alternatives to codeine. We are also intending to develop information for families on the best way to manage pain and discomfort when their child comes home from hospital. Finally, as I said in the last newsletter, we are currently advertising for Council members. The closing date is the end of October, so there's still time to apply if you're interested. There's also still time to sign up to the Linkman meeting on November 18th, which is the day before the Barts and London Paediatric Anaesthesia meeting, so it is possible to combine the two into one trip. Details of both meetings and Council membership applications are on the website. I hope you enjoy the season of 'Mist and mellow fruitfulness', which is now well and truly upon us.

All the best

Bob Bingham



Annual Scientific Meeting

Make a date in your diary

15th / 16th
May 2014



Conference Highlights:

- Care of the Neonate
- Top tips for complex cases
- Clinical Networks
- CPD Matrix mapped

WORKSHOPS | SCIENTIFIC PROGRAMME | CORE TOPICS | SOCIAL EVENTS



NEW DOCK

www.apagbi.org.uk



Travel Grants: a reminder for members.

- Travel grants are available to enable APA members in good standing to travel to meetings with direct relevance to the practice of paediatric anaesthesia. It may also be used to support charitable work undertaken by members.
- Scientific Committee will assess a meeting's eligibility for travel grant applications, in advance. Normally, grants will apply to meetings or work outside of Europe.
- Grants are limited to the sum of £500 for speakers and presenters; £250 for other delegates
- The total sum available for any meeting shall not exceed £10,000. A pro rata reduction in the all the grants for the meeting will be made if the total of applications exceeds this sum
- A sum of to up to 3% of the annual subscription income shall be available for travel grants to members involved in educational initiatives in the developing world. Currently this is ~£2000 (10/13). Such grants will be subject to approval by Council and the same limits and conditions as for other travel grants.
- Applications should be made ***in advance*** using the form found at this address <http://www.apagbi.org.uk/about-us/membership/grants-and-awards>
- Original receipts are required (e-ticket printouts are acceptable)

APA Linkman Meeting

Monday 18th November 2013
AAGBI, 21 Portland Place, London, W1B 1PY
Organiser: Dr Karen Bartholomew



Programme

08:45	Registration and coffee
Session One	09:30 – 11:00
09:30	Peer Review (1L05) <i>Dr Simon Courtman, Plymouth</i>
09:50	Revalidation Update (1H02) <i>Dr Teresa Dorman, Sheffield</i>
10:10	Network Development (1L02 (2D07)) <i>Dr Alistair Cranston, Birmingham</i>
10:30	NICE Fluid Guideline Update (2D04) <i>Dr Chris Gildersleve, Cardiff</i>
11:00	Tea & coffee
Session Two	11:30 – 13:00
11:30	Post-operative Analgesia in Children – What have we got left? 2E01, 2D05 <i>Prof. Andy Wolf, Bristol</i>
12:15	DGH Dilemmas Discussion Panel (1L02) <i>Dr Karen Bartholomew & Colleagues</i>
13:00	Lunch
Session Three	14:00 – 16:00
14:00	Can we improve the Standard of Training (2H02) <i>Dr Alison Carr, Devon</i>
14:20	APA Presidential Q&A Session (1L05) <i>Dr Bob Bingham & Council Members</i>
16:00	Depart

Booking form can be found at

<http://www.apagbi.org.uk/sites/default/files/images/Linkman%20Booking%20Form%202013%20%282%29.pdf>

5 CPD Points applied for

Honorary Members

The Council of the APA would like to invite members to nominate colleagues to become honorary members of the APA. These are usually colleagues who have contributed to the advancement of Paediatric Anaesthesia either locally or Nationally.

Nominations should be sent, with a short covering letter to APAGBIadministration

<APAGBIadministration@aagbi.org>

Closing date November 10th 2013

APAGBI Membership 2014–5

Full members £90.00

Trainee members £60.00

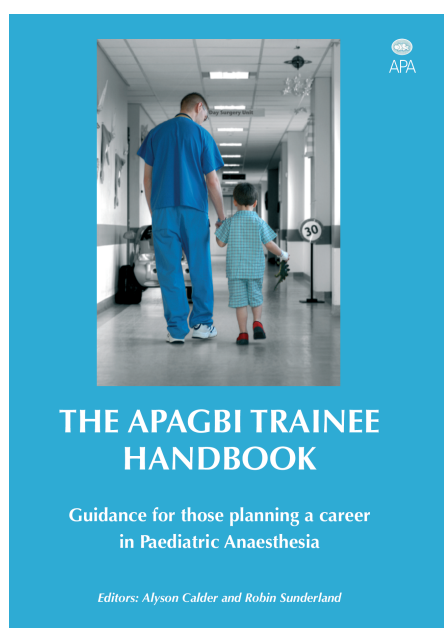
Retired members Free

Retired members are defined as those who are retired from their main employer and do not undertake any paid anaesthetic work.

Association of Paediatric Anaesthetists of Great Britain and Ireland

Trainee Handbook: Guidance for those planning a career in Paediatric Anaesthesia

This 100-page handbook written by experts in paediatric anaesthesia provides practical career advice for trainees, college tutors, students and new consultants.



Topics covered include:

- ✓ Structure of Paediatric Anaesthesia Training
- ✓ Preparation for Anaesthetic Exams
- ✓ Paediatric Anaesthesia in the Tertiary and District General Hospitals
- ✓ Developing your CV for a Career in Paediatric Anaesthesia
- ✓ Organising Out of Programme Training
- ✓ Preparing for your Paediatric Fellowship and Consultant Interviews
- ✓ Developing your Interest in Education and Training
- ✓ Developing your Management and Leadership Skills
- ✓ Building skills in Paediatric Anaesthesia using Simulation
- ✓ Communication Skills with Children and Families
- ✓ Research Ethics
- ✓ Publishing your Research
- ✓ How to Complete a Useful Audit
- ✓ Preparing a Poster Presentation

Specific paediatric subspecialty guidance:

- ✓ Paediatric Cardiothoracic Anaesthesia
- ✓ Paediatric Pain Management
- ✓ Paediatric Neuroanaesthesia
- ✓ Paediatric Regional Anaesthesia
- ✓ Paediatric Intensive Care
- ✓ Paediatric Anaesthesia in Developing Countries
- ✓ Paediatric Anaesthesia in the Military
- ✓ Paediatric Anaesthesia Research

Useful resources include:

- ✓ Database of national and international fellowships in paediatric anaesthesia
- ✓ Recommended e-Learning resources (Paediatric courses and conferences)
- ✓ Trainee prizes and grants

To order your copy, return this form to **Busola Adesanya-Yusuf, 21 Portland Place, London, W1B 1PY.**
For international orders please email busola@aagbi.org

NAME: _____

MAILING ADDRESS: _____

POSTCODE: _____

EMAIL: _____

I wish to pay by debit card ☐ credit card ☐ cheque (payable to 'APAGBI') ☐

APA Members: £10.00 + £2.50 P & P ☐ Non-APA Members: £14.00 + £2.50 P & P ☐

Cardholder name _____

Visa/Delta/Mastercard Number _____

Expiry Date _____ Valid from Date _____ Issue Number _____

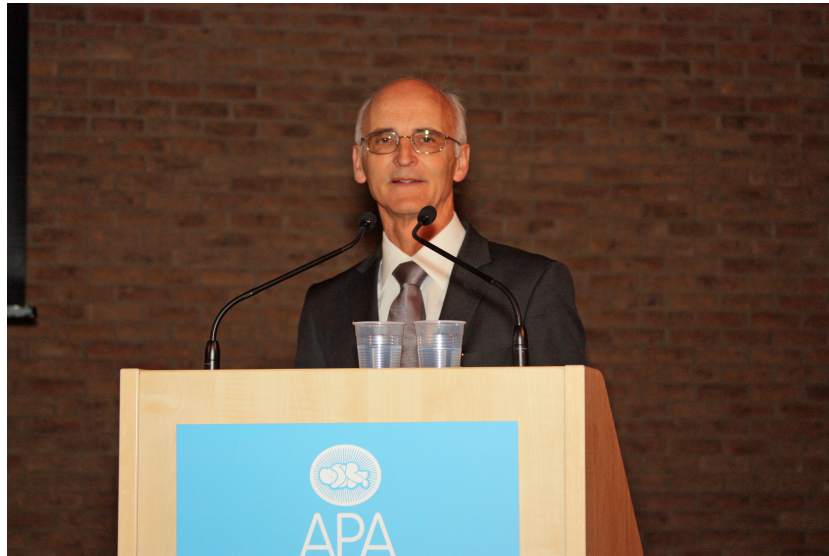
Card Security Code (last 3 numbers printed on the signature strip) _____

Cardholder's signature _____

Please see www.apagbi.org.uk for a copy of this order form

Citation for new Honorary Member of the APA

Dr Martin Johr



The man for whom I have the honour and privilege to provide citation today is the luckiest and the most successful man in the paediatric anaesthesia community.

The luckiest for 3 reasons:

1. First, he has the most beautiful view from his working place, a view that he shares at the beginning of each of his lecture. One may remember the name of all these summits.
2. Secondly, because he met this beautiful woman during his medical school and since then, there is an immense complicity between the two. They have genuine admiration and respect for one another. I wonder how many of you can claim almost 40 years (next year) of perfection in their couple.
3. Finally, he is the luckiest man since he looked after 3 generations of children (Generation Y, Z and alpha) who are deeply indebted to him, and he inspired 3 generations of residents (X, Y, Z) who benefited from his significant clinical commitment to paediatric anaesthesia.

That brings me to the 3 reasons that explain the career successful story of this man:

1. After his medical school in Bern, he decided very quickly to devote his career in anaesthesia. Started in 1981 in Luzerner Kantonspital and was immediately confronted to the challenging cases in the paediatric anaesthesia field where he developed rapidly skills and excellence in our field.
2. His lectures are crystal clear and are the expression of a devoted clinician who allies experience and good clinical practice. The result? Over 30 lectures a year where you can feel the "know how" in all the topics he is invited to talk on.
3. Finally, one cannot ignore his large contribution in education particularly in the German speaking countries with his very famous and popular textbook on paediatric anaesthesia. The 8th edition will be released next September.

Dr Walid Habre



The Association of Paediatric Anaesthetists of Great Britain and Ireland

Notice of forthcoming elections to the APA Council 3 Members

Nominations are sought for three (3) vacancies on the Council of the APA with effect from May 2014.

The election to these vacancies will be held at the end of 2013 by the Electoral Reform Service. Home Members are appointed for four years. The successful candidates will be expected to attend the three full meetings of Council each year (most held in London) and occasional ad hoc meetings, as required. During their term, Elected Officers are expected to assume responsibility for APA projects and activities, which may include one or more of the positions of;

- Meetings secretary
- Webmaster
- Lead for information for patients and families
- Lead for guidelines
- Linkman lead
- Lead for Audits and Surveys
- Non-specialist advisor (If appropriate base hospital.)
- Lead for Peer review
- Involvement in Education and Training or Science committees.

The APA will reimburse expenses according to its agreed policies.

Members wishing to stand can nominate themselves by completing a **nomination form** and obtaining support from two full Members of the APA. Candidates will need to provide a **short supporting statement** (no more than 300 words), which will be circulated with the ballot papers. The nomination and supporting statement forms are available on the APA website <http://www.apagbi.org.uk/about-us/council/election-council>. Completed forms should be submitted by **post and e-mail** to the APA Secretariat to arrive no later than Friday November 8th 2013

Please note that both nominees and their proposers must be consultants and APA members *but may be drawn from any of the five relevant constituencies*.

Dr Tony Moriarty, Honorary Secretary

Association of Paediatric Anaesthetists of Great Britain and Ireland
21Portland Place
London W1B 1PY

Safeguarding Children:

A combined study day organised by the APA and RCoA

Tue, 18/03/2014

Location:

[The Royal College of Anaesthetists](#)

Fee:

£160

CPD:

5 CPD Credits

This event is jointly organised by the Royal College of Anaesthetists and the Association of Paediatric Anaesthetists of Great Britain and Ireland. Due to the success and the extremely positive feedback following the 2013 Safeguarding Children: Level 3 training for anaesthetists, 2014 sees the return of this event.

Overview

Safeguarding children is the responsibility of everyone involved in healthcare. Level 2 child protection training is required by all anaesthetists but there is an expectation that lead paediatric anaesthetists (or those who aspire to this role) will obtain relevant Level 3 competencies. This one-day course, facilitated by a multi-disciplinary faculty, will provide a bespoke overview of this important area for anaesthetists, using didactic lectures, workshop scenarios and the opportunity to question the experts in the field.

****Safeguarding/Child Protection Training for Anaesthetists****

The Royal College of Anaesthetists (RCoA) and Association of Paediatric Anaesthetists (APA) recommend that an anaesthetist must safeguard and protect the health and wellbeing of vulnerable people (including children, young people, the elderly and those with learning difficulties)[1]

The 2010 Intercollegiate (IC) guidance[2] recommends that there should be a minimum of one anaesthetist with core level 3 safeguarding competencies in all centres where children are managed- the "Lead anaesthetist for Child Protection/Safeguarding"[3].

The joint RCoA/APA 1 day training programme has been reviewed by relevant bodies/senior clinicians with authorship/ownership of the IC guidance. Content and delivery has been approved as providing a substantial contribution to the relevant competencies for Child Protection/Safeguarding anaesthetists[2].

Booking Information

To book a place on this event click the BOOK NOW button on the following URL <http://www.rcoa.ac.uk/education-and-events/safeguarding-children>. If the event is available to book online you will be taken to the Event Online Booking system where you simply log in or register to complete the booking process. During the booking process if the event runs over multiple days you will be able to select the day (or days) you wish to attend.

Event code:

C77

Event organiser(s):

Dr K Wilkinson

Trainee Update

Well, after much build up, I hope that you all received your free copy of the *APAGBI Trainee Handbook: Guidance for those planning a career in Paediatric Anaesthesia* in August (or more recently, if you are a new member). This is the first edition and I hope it will be reissued with updates in years to come. If you liked it so much you would like to order a second copy, you'll find an order form in this newsletter (and at www.apagbi.org.uk). Non-trainee APA members are entitled to a reduced price of £10.00. Perhaps you could even encourage your local medical library to stock a copy!

I'd like to thank those of you who have taken the time to contact us with your website contributions. Dr Tom Lawson has adapted the Peninsula Deanery's 'Novice Guide to Paediatric Anaesthesia' for upload to the Trainee Section of the website. This will act as a very useful and practical reference guide for use during your paediatric block. Dr James Quinn and Dr Thalia Monro Somerville have written some exam questions to help you prepare for your FRCA (or just for brushing up your knowledge). An index of paediatric CEACCP articles has been collated and is regularly updated by Dr Chandra Vaidyanath. Medical student Rashpal Ghataoura has written a Best Bet on evidence behind the practice of adding lidocaine to propofol. We are always looking for website contributions for the Trainee Section at www.apagbi.org.uk. These are great CV opportunities and your chance to share your expertise!

Lastly, I have come to the end of 7 happy years of anaesthetic training and so the time has come for me to stand down as trainee rep. In the New Year, we will be looking for the next trainee rep and an announcement will be sent to all trainee members in due course. I can tell you that becoming trainee rep was been a very rewarding experience and one which helps you grow in all sorts of ways! From editing the handbook, to attending council and committee meetings, suggesting topics for future meetings, chairing conference panels and being a point of contact for trainees seeking advice, it will offer you great opportunities. If you would like to find out more or chat about what being trainee rep involves, please contact me at alysoncalder@doctors.org.uk.



Thanks!
Alyson

PS: As a little change from the usual crossword, I have included a paediatric anaesthesia wordsearch for this newsletter. Apologies if this is an outrageous deviation from what you were expecting from your regular paediatric anaesthesia-themed puzzle session.

Alyson Calder
APAGBI Trainee Representative
alysoncalder@doctors.org.uk

APA Trainee Wordsearch

November 2013

N J P R E M A T U R E S N N S
E N A H T O L A H Y I P E I I
O O M C E R D F M T I I W B C
N A L L K P E O L L G N T O K
A W I L M S S P T A H A O R L
T N A F N I O F A E C L N E E
E M S D R A E N F G O C V R C
D E N T A L C A R I E S A R E
E S O R C U S D E E L G L E L
S U S T A I N A B L E A V I L
E D A L B D R O F X O S E P Q
I O K E T A M I N E C E I P T
R U W G I P A P P E P D O R A
C A P R I C O T H E R N I A F
R E K A B G N O W M I L L E R

ALL
Apert
Apricot
ARDS
Cleft Lip
CRIES
Dora
Dental Caries
ECMO
FLACC
Gas
Halothane

Hernia
Infant
Jackson Rees
Ketamine
Leeds
Miller
Neonate
Newton Valve
Oxford Blade
PDA
Peppa Pig
Pierre Robin

Premature
Safe
Sickle Cell
Spinal
Sucrose
Sustainable
T Piece
TGA
Trisomy
Wilms
Wong Baker



PAGW

CYLCH ANESTHETYDDION PLANT CYMRU PAEDIATRIC ANAESTHETISTS' GROUP OF WALES

The Society of Anaesthetists of Wales
Cymdeithas Anesthetyddion Cymru

**A COMBINED MEETING WITH
PAGW**



Llandrindod Wells
7th & 8th November

KEY TOPICS

Technology and anaesthesia
Cardiac Kids – when to get help
Allergy pathways
Paediatric fluid management update
Trainee presentations
Ask the experts

TRADE EXHIBITION

ANNUAL BLACK TIE DINNER

REGISTER ON-LINE VIA : WWW.ANAESTHETISTSWALES.AC.UK

5 CPD points per day (TBC)

Delegate rates available (£89 B&B) by contacting hotel directly. Hotel metropole, Temple Street,
Llandrindod Wells, Powys LD1 5DY. 01597 823700. www.metropole.co.uk

The 2013 annual PAGW meeting is a joint undertaking with the Society of Anaesthetists of Wales and is being held at the Hotel Metropole in Llandrindod Wells on 7- 8th November.

It has a varied and interesting programme with something for everyone, including a trainee prize competition.

The Hotel Metropole is a 4 star hotel in a great location in terms of access for both North and South Wales. It has recently undergone a major refurbishment, has a spa and an AA rosette winning restaurant. Its website is: www.metropole.co.uk. The delegate rate is £86 per night if you quote the meeting when booking over the phone (reservations: 01597 823700).

The AGM takes place on the Thursday afternoon and the annual black tie dinner on the Thursday evening. It is only £25 and a great way to catch up with friends and colleagues from throughout Wales.

Book online via www.anaesthetistswales.ac.uk

**BARTS AND THE LONDON CHILDREN'S HOSPITAL
PRESENTS**

"In Sickness and In Health"

13th Annual Education Day in Paediatric Anaesthesia

Tuesday 19 Nov 2013
The Great Hall, St Bartholomew's Hospital

CPD Points Applied for

9.00	Registration
9.25	Welcome
9.30	Session 1 - <u>Medicine and Paediatric Anaesthesia</u> Short presentations -medical conditions that impact anaesthetic management... <div> <div>Sickle cell disease and haemophilia</div> <div><i>Dr Banu Kaya</i></div> </div> <div> <div>OSA and obesity</div> <div><i>Dr Caroline Pao</i></div> </div> <div> <div>Epilepsy and cerebral palsy</div> <div><i>Dr Ale Martinez</i></div> </div> <div> <div>Asthma and cystic fibrosis</div> <div><i>Dr Siobhan Carr</i></div> </div> <div> <div>...and their anaesthetic consequences</div> <div><i>Dr Jo Challands & Dr Breda O'Neill</i></div> </div>
0.44	Key - note lecture:- What is important in the preoperative assessment of a child - what will change our anaesthetic technique? <i>Prof Francis Veyckemans</i>
11.20	Coffee
11.50	Session 2 - <u>Debate</u> "Paediatric anaesthetists should stick to anaesthetics and leave perioperative medicine to the paediatricians" <i>Chair: Dr Kathy Wilkinson, Pro: Dr Lionel Davis, Con: Prof Walid Habre</i>
12.30	<u>Trainee presentation prize</u> "Risk awareness in paediatric anaesthesia"
13.15	Lunch
14.00	Session 3 - <u>Neonatal symposium</u> <div> <div>Monitoring neonates</div> <div><i>Dr Anil Visram</i></div> </div> <div> <div>Intraoperative ventilation strategies</div> <div><i>Prof Walid Habre</i></div> </div> <div> <div>Neonatal airways- an ENT perspective</div> <div><i>Mr Yogesh Bajaj</i></div> </div> <div> <div>Neonatal airways-anaesthetic perspective</div> <div><i>Dr David Stansfield</i></div> </div> <div> <div>Neonatal brain protection and Xenon</div> <div><i>Dr Hannah Gill</i></div> </div>
16.00	Interactive case report:- What would you have done? "A 3 year old child who has a white pulse leg after femoral line insertion, inserted for monitoring during a laparotomy" <i>Dr Monica Naik/ Prof Karim Brohi / Dr Naomi Edmonds</i>
16:30	Award of prize, closing remarks

For further information please contact: nasima.begum3@bartshealth.nhs.uk

Great Ormond Street Hospital

PAEDIATRIC AIRWAY COURSE

MONDAY 25TH NOVEMBER 2013



- LECTURES BY AIRWAY EXPERTS
- CONSULTANT LED PRACTICAL AND SIMULATION SESSIONS

Fee: £120

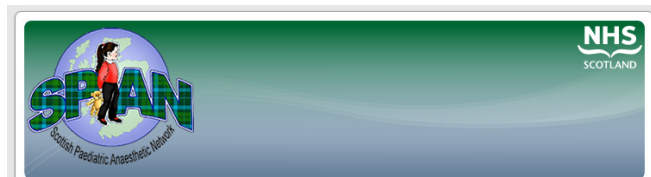
Contact: Dr J Navaratnarajah

Email: jnav31@gmail.com

Venue: PGME Department,

Weston House,

Great Ormond Street Hospital



Scottish Paediatric Anaesthesia Network
Friday 29th November 2013

SPAN Biennial Educational Meeting

http://www.span.scot.nhs.uk/?page_id=428

Teachers Building, Glasgow

£100– Consultants / SAS

£50 – Trainees

£25– Nurses/ ODP's

Programme

08:30 – 09:00 Registration & Trade

Morning session

A) The Unstable Child (09:00–11:00)

Chair: Dr Vimty Muir

09:00 – 09:30	The collapsed Neonate	Dr Neil Spenceley
09:30– 10:00	The child with multiple trauma	Dr Paul Leonard
10:00– 10:30	Advances in paediatric radiology	Dr Simon McGurk
10:30– 11:00	Fluid and inotropes in the sick child	Dr David Rowney
11:00 – 11:30	COFFEE & TRADE	

B) Anaesthesia for the child with co-morbidities (11:30–13:00)

Chair: Dr Lesley McKee

11:30– 12:00	The child with cardiac disease	Dr Rob Ghent
12:00– 12:30	The child with respiratory disease/OSA	Dr Suzanne Krosnar
12:30– 13:00	The child with neurological disability	Dr Emma Dickson
13:00 – 14:00	LUNCH & TRADE	

Afternoon Workshops: How to sessions: 14:00 – 16:15 (45 mins each)

TIVA in practice – the do's and don'ts
Dr Alistair Baxter

Simulation – the role of local & national centres
Professor Ralph MacKinnon, Dr David Rowney & Dr Pam Winton

Management of major haemorrhage
Dr Emma Dickson, Dr Carolyn Smith & Dr Suzanne Krosnar

Close of meeting 16:15–16:30